



# SPRING CREEK RANCH

## Wilderness Adventure Spa Menu

### Massages

**Custom Massage:** Tailored to your needs.

60 min. – \$130 90 min. – \$190

**Hot Stone Massage:** Massage with warm river stones. 60 min. – \$140 90 min. – \$200

**Reiki Hot Stone Combo** Reiki energy work incorporated with hot stone massage. 90 min – \$200

**Mountain Mama Massage** Pre-natal massage. 60 min – \$140 90 min – \$200

**In Room Couples Custom Massage** Bring the spa to your room. 60 min. – \$310 90 min. – \$430

### Signature Spa Experiences

**Winter Pine Package** A Pine Essence exfoliation, Juniper-Cypress full body massage, and Bubbling Mud on the spine. – 90 min. – \$210

**Divine Detox Wrap** Juniper-Cypress target massage, a Rosemary Citron scrub, finished with Sicilian Bergamot moisturizer. – 90 min. – \$210

**Hydrating Seaweed Wrap** Dry brush exfoliation, a Mineral Rich Seaweed wrap, and Bubbling Mud on the feet. – 60 min. – \$140

**Backcountry Vitality Wrap** A Pine Essence exfoliation, Warm Remineralizing Gel wrap, finished with Moisturizing Body Milk. – 90 min. – \$210

**Spirit Journey** Marine salt and lavender flowers are steamed in a linen sachet to create a traditional American Indian compress. Listen to nature sounds while the compress is applied to key pressure points on the body. – 60 min. – \$145 90 min. – \$205

### Perfect Compliments

**\$10 aromatic oil upgrade**

Arnica • Juniper Cypress • Lavender

**Add to any treatment – \$15 per upgrade or \$40 for 3**

Eye Contour • Hand Repair • Foot Therapy  
Leg Rescue • Wild Lime or Cool Mint Scalp Massage

**Add to any treatment – \$20**

Detoxifying “Bubbling” Mud Pack

### Mind, Body & Spirit Treatments

**Soul Readings** with Carol Mann – 60 minutes – \$250

**Acupuncture** with Angela Tong – 60 minutes – \$125

**Reiki, Shiatsu, Cranial Sacral, Polarity, or Reflexology** – 60 minutes – \$145

### High Altitude Facials

Facials are customized to your skin type and needs based on a consultation with our Estheticians.

**Hydrating** – 60 min. – \$130

**Deep Cleansing** – 60 min. – \$130

**Anti Aging** – 60 min. – \$130

**Just For Men!** – 60 min. \$130

**Deluxe Teton Ageless Facial**

A “natural face lift” featuring Phytomer’s new XMF biotechnology. See wrinkles fade in less than an hour! Includes a back massage. – 90 minutes – \$230

### Waxing

Brow – \$30	<del>1/2</del> Leg – \$50	Underarm – \$40
Lip – \$20	Full Leg – \$100	Bikini – \$45
Chin – \$20	Arms – \$50	Brazilian – \$75

### **Reservations**

Advanced reservations are recommended. We can typically accommodate same day appointments with 2 hours' notice.

### **Cancellations**

We require 24 hours notice for appointment changes and cancellations to avoid full charges to your account.

### **Arrival**

Please arrive 15 minutes prior to your appointment.

### **In Room**

Massages can be enjoyed in room for an additional \$25.

### **Hours**

The spa is open 9:00AM to 8:00PM. Before and after hours appointments may be available for an additional charge of \$25.

In addition, the Wilderness Adventure Spa also has Workout Room, Steam Rooms, and an Indoor Hot Tub.

**Gratuities are welcomed and not included in your treatment, recommended 18-20% of treatment cost.\***

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